

Supply List - 2025-06 - 1-Day Free-Motion Stitching for Dimension Workshop with Rhonda Denney

Jump into free-motion stitching! Whether you are a beginner at free-motion stitching or have done it for a while, you learn how to use your sewing machine to add dimension to your quilts!

Don't worry if you have never done free-motion stitching either! Rhonda will start with the basics and you can move on from there. After you get started, you will use a panel created from one of Rhonda's original fiber art creations to practice and learn on.

What you will need:

- Sewing machine with a free-motion/darning foot, and any sewing accessories you would like to use including extra bobbins, scissors, free motion gloves or quilting tools.
NOTE: It is very important that you be familiar with your sewing machine and its free-motion capabilities. We do not have any time during this workshop to help you trouble-shoot issues. I recommend that you use your machine enough to be comfortable with free-motion stitching prior to this workshop.
- A selection of sewing thread. I recommend a cotton/polyester blend, but feel free to bring whatever kind of thread you normally use to quilt/sew with. Please bring only one kind of thread since that will allow you to concentrate on learning stitching. You can then try other thread sizes/types at home. Colors: bring several different neutrals (gray, brown, cream) and several colors that contrast with the color of fabric you bring. This will allow you to see your stitching during the practice sessions.
- Iron and ironing surface, spray bottle (or water for your iron).
- Bring the following writing implements:
 - A pen or pencil and notebook or paper to write notes.
 - A pencil or erasable colored pencil & eraser. The actual ink color does not matter that much, except it should be contrasting against the white worksheet in your kit so you can see the lines you make.
 - A marking pencil to mark your fabric (color will be based on the color fabric you bring).
- A digital camera or your phone to take pictures.
- At least 4 small sandwiched pieces (approx. 12" x 12" each), colors your choice. You will need 2 pieces of fabric (top and bottom) and 1 piece of batting (middle layer) for each sandwich. I recommend using cotton fabric. These will be for practice to give you more confidence and allow you to experiment with the types of filling stitching you plan to use for your panel. I recommend that you iron your fabric beforehand to help save time.

- At least 2 FQ-size pieces of fabric (color your choice) and 2 FQ-size pieces of batting of your choice. You can bring extra if you want to continue to practice and gain confidence. You will use these to create your quilt sandwich for free-motion quilting. I recommend these be ironed ahead to save time.

Workshop Kit - Cost \$25 +tax

Your Stitching for Dimension workshop kit consists of the following:

1. Printed FQ panel of one of Rhonda's original works
2. Printed workshop exercises for free-motion basics
3. Printed worksheet, matching the FQ panel print (2 each)